



Susan Kaye

FAMILY BUSINESS ADVISER
COUNSELLOR
FAMILY MEDIATOR
MANAGING DIRECTOR OF THE
CHALLENGE OF EXCELLENCE

BIO

Susan Kaye is a trained and qualified practitioner in three professional arenas: Counselling/Therapy; Family Business Advising and Family Mediation.

As a counsellor / therapist Susan has a 30 year professional background and is trained and experienced in a wide range of interventional methodologies including analytical approaches, CBT, use of experiential learning-by-doing approaches; use of psychometric questionnaires and systemic thinking. Her interest in systemic working stems from her passion for viewing challenge, problem solving and conflict through a 'big picture' lens. This helps her clients, whether individuals, couples, young people or families to view their issues through other perspectives. By nurturing big picture thinking and creativity, Susan's clients are more able and willing to consider and develop new options to addressing challenging issues, whether emotional, mental or practical. Particularly when working with couples or families this provides a more dynamically focused approach with regard to their relationships. Once the big picture is recognised and understood, the work of fine detail can be addressed. Over the years Susan has developed a varied therapeutic and practical toolkit of

SPEECH TITLE

Is Family Mediation Right For Me?
What Is It Anyway?

SPEAKING TIMES

Thursday: 16.00 - 16.45

Friday: n/a

Saturday: n/a

DIVORCE FAIR
2020
SPEAKER 



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www.thechallengeofexcellence.com
www.themediatorsusankaye.com

approaches to select, propose and apply in response to her clients' needs or objectives. This instinctive awareness of her clients' place and space nurtures a mutual client/practitioner trust and respect.

As a family mediator, Susan's experience, understanding and awareness of people's different preferences for ways of working, of how people differently approach conflict and thus how they respond in relationships enables her to be sensitive to facilitating effective communications between separating couples and supporting them in developing options for resolving their differences. She is experienced in both couples work and family work and in co-mediation. Susan is also trained and qualified to see children and young people of separating couples in order for them to feel they too can have a voice, 'a voice' which can be shared with their parents if they wish to or enabled simply to just have someone to speak to during the painful time of parental separation or divorce.

Susan founded The Challenge of Excellence in 1988 to provide personal, professional and Executive Leadership & Team development for corporate clients. She is trained and qualified to work with families who are in business together and specializes in a variety of related issues such as conflict management, succession, sibling rivalry and with large family businesses, owner/founder issues up to 5th generation cousin consortiums. Susan is a Fellow of the Family Firm Institute (USA) since 1995.

Susan's other clients are: Elite Athletes on managing lifestyle, 'state of flow' and challenges 'on and off the pitch'; Executives & their spouses/partners who are confronting a change of career or lifestyle / retirement; Young people who have 'lost their way' with their education, family or career.

She has worked internationally with clients since 1989 from the US, Japan, Brazil, Italy, France, Holland, Belgium, Germany, Spain, UAE and China as well as on home ground in England. Memberships: British Association for Counselling & Psychotherapy; The Family Mediators Association, The Family Mediation Council; The Family Firm Institute.