



Ruth Driscoll

THE LIFE LIBERATOR
AMAZON BEST SELLING
AUTHOR PUBLIC SPEAKER
COACH
MENTOR
ABUSED WOMEN'S CHAMPION

SPEECH TITLE

Successful Communication in Challenging Circumstances

SPEAKING TIMES

Thursday: n/a

Friday: 12.20 - 12.40

Saturday: n/a

DIVORCE FAIR
2020
SPEAKER 



SOCIAL MEDIA LINKS



WEBSITE LINK

www.thelifeliberator.org

BIO

Ruth Driscoll is creating a global liberation leading those living with manipulative, abusive or controlling relationships into empowerment and freedom. Ruth's training and programmes offer impactful insights into how to regain your life and your sense of well-being with confidence, congruence and dignity. Ruth was the long-standing and successful Headteacher of a challenging inner-city primary school before the bullying of an abusive partner caused a complete change to her circumstances. She now uses her personal and professional experiences to provide a unique perspective on how to communicate effectively and safely in situations that can be provocative and distressing. Because of her professional expertise, Ruth has a deep understanding of the potential emotional damage to children when parents are in disagreement. Her support encourages parents to operate in a manner that protects the children's well-being. She provides workshops, plus a range of online programmes teaching the skills and strategies needed to negotiate challenging situations where you need to hold your own with grace and respect, and find comfortable workable outcomes for moving forwards. Ruth is a mentor, trainer, an award-winning professional public speaker and No.1 International Best-Selling Author. She is an Ambassador for Women of Contribution. Her AinleyTopWomenTEDx talk 'Don't Let Fear Interfere' can be found on YouTube. Her story has been heard across the world. Ruth is The Life Liberator.