



# Ebru Aksit

FOUNDER OF THE DIVORCE  
AND WELLBEING



**Divorce and  
Wellbeing**

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[www.divorceandwellbeing.com](http://www.divorceandwellbeing.com)

DIVORCE FAIR  
2020  
SPEAKER

**SPEECH TITLE**

'How to manage your divorce wisely'

**SPEAKING TIMES**

Thursday: n/a

Friday: 10.15 - 10.30

Saturday: n/a

**Q&A SESSION TIMES**

Thursday: 12.45 - 13.15

Friday: 15.00 - 15.30

Saturday: 12.45 - 13.15

**BIO**

Ebru provides advisory helping people facing relationship challenges to plan and build strategy to achieve the necessary clarity and stability to make better decisions. She takes a holistic approach to providing practical guidance and promotes wellbeing to achieve successful outcomes. She encourages a positive frame of mind to ensure you identify and maintain focus on what matters most.

Ebru received coaching training at City University London and previously developed her career as a commercially oriented scientist attaining a PhD in environmental engineering and a MSc in renewable energy. She has published numerous widely read articles in well-respected academic journals.